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Aruba's ONLY English newspaper

Everyone agrees there's a homeless crisis in the US. Plans to address it vary among mayor candidates

By JANIE HAR and GEOFF MULVIHILL

Associated Press

SAN FRANCISCO (AP)—San Francisco Mayor London Breed has launched a new crackdown on people sleeping outside in a campaign to clear the sidewalks of homeless encampments that have come to define the city.

Her four challengers in November's election, all Democrats, say she hasn't handled the crisis effectively, though the city last month counted only 300 tents and other temporary structures, which is half as many as a year earlier.

But her opponents don't agree on a strategy.

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A volunteer holds on to a wheelchair as they help Max Hartfelt into his tent after relocating him from one park to another on Saturday, March 23, 2024, in Grants Pass, Ore.

Associated Press







Donald Trump's campaign says its emails were hacked

By BILL BARROW **Associated Press**

Former President Donald Trump's presidential campaign said Saturday that it has been hacked and suggested Iranian actors were involved in stealing and distributing sensitive internal documents.

The campaign provided no specific evidence of Iran's involvement, but the claim comes a day after Microsoft issued a report detailing foreign agents' attempts to interfere in the U.S. campaign in 2024.

It cited an instance of an Iranian military intelligence unit in June sending "a spear-phishing email to a high-ranking official of a presidential campaign from a compromised email account of a former senior



Republican vice presidential candidate Sen. JD Vance, R-Ohio, left, and Republican presidential candidate former President Donald Trump, shake hands at a campaign rally at Georgia State University in Atlanta, Saturday, Aug. 3, 2024. **Associated Press**

advisor." Trump spokesperson Steven Cheung blamed the hack on "foreign sources hostile to the United

States." A spokesperson campaign for the National Security Council said in a statement that it takes any report of improper foreign "extremely interference

seriously" and condemns government entity that attempts to undermine confidence in U.S. democratic institutions, but said it deferred to the Justice Department on this matter.

Iran's mission to the United Nations, when asked about the claim of the Trump campaign, denied being involved. "We do not accord any credence to such reports," the mission told The Associated Press. "The Iranian government neither possesses harbors any intent or motive to interfere in the United States presidential election."

However, Iran long has been suspected of running hacking campaigns targeting enemies its in the Middle East and beyond. Tehran also long has threatened to retaliate against Trump over the 2020 drone strike he ordered killed prominent Revolutionary Guard Gen. Qassem Soleimani.

The U.S. Justice Department this past week unsealed criminal charges against a Pakistani national with ties to Iran alleged to have plotted assassination attempts against political figures in the United States, including potentially Trump, and to have sought to hire purported hitmen who were actually undercover law enforcement officials. Court documents in that case pointedly noted a desire by Iran to conduct operations against perceived enemies of the regime and to avenge the killing of Soleimani.

Politico first reported Saturday on the hack. The outlet reported that it began receiving emails on July 22 from an anonymous account. The source — an AOL email account identified only as "Robert" — passed along what appeared to be a research dossier the campaign had apparently done on the Republican vice presidential nominee, Ohio Sen. JD Vance. The document was dated Feb. 23, almost five months before Trump selected

Vance as his running mate. "These documents were obtained illegally" "intended to interfere with the 2024 election and chaos throughout our Democratic process," Cheung said.

He pointed to the Microsoft report issued and its conclusions that "Iranian hackers broke into the account of a 'high ranking official' on the U.S. presidential campaign in June 2024, which coincides with the close timing of President Trump's selection of a vice presidential nominee."

"The Iranians know that President Trump will stop their reign of terror just like he did in his first four years in the White House," Cheung said, adding a warning that "any media or news outlet reprinting documents or internal communications are doing the bidding of America's enemies and doing exactly what they want."

Cheung not immediately respond to questions about the campaign's interactions with Microsoft on matter. Microsoft Saturday it had comment beyond its blog post and Friday report.

In that report, Microsoft stated that "foreign malign influence concerning the 2024 US election started off slowly but has steadily picked up pace over the last six months due initially to Russian operations, but more recently from Iranian activity."

The analysis continued: "Iranian cyber-enabled influence operations have been a consistent feature of at least the last three U.S. election cycles. Iran's operations have been notable and distinguishable from Russian campaigns for appearing later in the election season and employing cyberattacks more geared toward election conduct than swaying voters."



Live Entertainment at 8PM



MON Latin Dance Show

TUE Steelpan Music





SUN Violin Show

Nightly Watershows 7:30pm - 8:30pm - 9:30pm



Ferguson officer critically injured at protest on the 10th anniversary of Michael Brown's death

HEATHER **HOLLING-**By **SWORTH**

Associated Press

A Ferguson, Missouri, police officer was critically injured outside the city's police station during protests on the 10th anniversary of the fatal shooting of Michael Brown, a pivotal moment in the national Black Lives Matter movement, police said Saturday.

Ferguson police chief Troy Doyle said Officer Travis Brown suffered a severe brain injury Friday after being knocked to the ground. "He is in an area hospital right now fighting for his life," Doyle said.

Two other officers also were hurt, one sustaining an ankle injury and another an abrasion. Both were treated at the scene.

The team of officers went out to make arrests Friday for destruction of property at the police station, where protesters gathered to remember Michael Brown, the unarmed Black 18-year-old who was killed by Darren Wilson, a white police officer in 2014.

One of the suspects was charged Saturday with as-



In this undated photo provided by Charlene Jefferson in August 2024, Travis Brown, when he was St. Louis County police officer, stands with Danielle Oliver. **Associated Press**

sault of a special victim, resisting arrest and property damage. He was ordered held on \$500,000 cash only bond. No information was immediately listed in online court records, so it wasn't known if he had an attorney yet.

Doyle said that for the majority of the night, the pro-

said police allowed them to block the street outside the station, posting a squad car on each end, so they wouldn't be hit by vehicles. Police also didn't intervene when the protesters began shaking the fence outside the station. But he said that when they broke a section of fencing, he sent out the testers were peaceful. He arrest team. The suspect

who charged at Travis Brown knocked him backward with his shoulder, and the officer hit his head as he tumbled to the ground, Doyle said.

Court records said the suspect then kept running and kicked two officers who tried to arrest him, leaving them with scratches and

Doyle said Travis Brown, who is Black, started with the department in January and previously worked for the St. Louis County Police Department.

He is part of a wave of Black officers hired into the department since 2014. Back then, there were just three Black officers in the department, but Black officers now make up more than half of the police force, Doyle said.

"He wanted to be part of the change," Doyle said. "He wanted to make an impact in our community. He's the type of officer that we want in our community. And what happens? He gets assaulted. I had to look his mother in the eye and tell her what happened to her son. I'm never going to do that again, I promise

St. Louis County prosecutor Wesley Bell, who had stopped by the hospital beforehand to meet with the officer's family, said others also would be charged.

Worker's death at California federal prison investigated for possible fentanyl exposure, AP learns

By MICHAEL BALSAMO and MICHAEL R. SISAK **Associated Press**

worker at a federal prison in California has died and investigators are examining whether he was exposed to fentanyl shortly before his death, three people familiar with the matter told The Associated Press.

Marc Fischer, a mailroom supervisor at the U.S. Penitentiary in Atwater, California, died Friday after he reported feeling ill earlier, the people said. They said he was taken to a local hospital and was pronounced dead later in the evening.

Investigators are examining whether he was exposed to a substance authorities believe was fentanyl while he screening mail at the prison, the people said. The

people could not publicly discuss details of the ongoing investigation and spoke **WASHINGTON** (AP) - A to the AP on condition of anonymity.

> Fischer's cause of death remained unknown Saturday and it was unclear whether the potential exposure may have contributed. Briefly touching fentanyl cannot cause an overdose, and researchers have found that the risk of fatal overdose from accidental exposure is low.

In a statement, the Bureau of Prisons said an employee at the prison "began feeling unwell following an exposure to mail saturated in an unknown substance" and was pronounced dead after being rushed to the hospital. A second worker was taken to the hospital for observation after com-



A sign for the Department of Justice Federal Bureau of Prisons is displayed in the Brooklyn borough of New York, July 6, 2020. **Associated Press**

ing in contact with the mail and was later released, the agency said.

we extend our deepest condolences to the family, our fallen Bureau employee," the statement said.

His death is the latest seri-"Our hearts are heavy as ous incident in the Bureau of Prisons, which operates 122 federal prisons and has friends, and colleagues of faced myriad crisis in recent years from rampant sexual abuse and other criminal misconduct by staff to chronic understaffing, escapes and high-profile deaths.

In 2019, the agency began photocopying inmate letters and other mail at some federal correctional facilities across the country instead of delivering the original parcels, in an attempt to combat the smuggling of synthetic narcotics.

Legislation was introduced by a bipartisan group of congressional lawmakers in 2023 to require the Bureau of Prisons' director to develop a strategy to interdict fentanyl and other synthetic drugs sent through the mail to federal prisons nationwide. The bill has stalled in the House. \Box

Larry Turner, a police

officer trying to unseat

San Diego Mayor Todd

Gloria, says the incumbent

including a plan to turn a

warehouse into a 1,000-

campaign says he is

working on both short-term

and permanent housing.

In Phoenix, Matt Evans is

arguing that incumbent

Kate Gallego hasn't done

enough to enforce laws

and clear encampments.

Gallego opposes what she

homelessness

added

change

"You

difference,"

who

End

homelessness

down," Oliva

shelter

Elections could turn on the

issue. And the situation on

the streets can, of course,

"Mayors can make a huge

Oliva, executive director

of the National Alliance

But she is critical of arresting

is

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Homelessness.

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sweeps.

San Francisco Supervisor

Aaron Peskin,

encampment

Everyone agrees there's a homeless crisis in the US. Plans to address it vary among mayor candidates

Continued from front

"You can truly change the reputation of San Francisco from a place that today people believe they can come to our city, pitch a tent and stay as long as they want, to a city where — if that is the lifestyle they're choosing — they look elsewhere," said Mark Farrell, perhaps the most conservative the challengers. It's a similar story in other big U.S. cities electing mayors this year. Most are in the West, long-running a homelessness crisis was spurred by high housing costs and has deepened during the coronavirus pandemic, which upended the nation four years ago. There are thousands of people without a place to live, and for many residents who are housed it has become a quality-of-life concern, which has made it a prime political issue. California Gavin Gov. Newsom, a Democrat and formerSanFranciscomayor, threatened last week to pull state money from cities and counties that do not do more to get people out encampments and into shelters. A 2023 count found there 653,000 people experiencing homelessness at a given time across the country, an increase of 63,000 from a decade earlier. The problem has become far more visible: 257,000 people were living on the streets or other places not intended for habitation, 61,000 more than in 2013. Most of the big-city mayors and candidates — nearly all Democrats — say that more affordable housing and additional services for people experiencing homelessness are needed. The heart of the debate, as in San Francisco, is whether it's acceptable to force people off the streets. In two of the largest cities in the West, challengers are emphasizing the homeless crisis in their races against incumbents who handily four years ago.



David Clarke, who is suffering homelessness and living in his car, cuddles with his six dogs early morning in a parking lot in Los Angeles on Tuesday, July 9, 2024.

Some mayors new have made a dent in homelessness without relying penalties, she population in the U.S., Karen Bass took office in December 2022 and immediately signed an emergency order making it easier for the city to contract with hotels to provide shelter. According to the homeless tally in January, the city's total dropped by 2%, the first decrease after years of increases. Bass has more than two years before she faces re-election. Johnston's first six months as mayor of Denver last year, the city moved 1,000 people into hotels, a community of cabin-like structures and other transitional housing. mayors, Other Philadelphia's such as Cherelle have Parker, incorporated a get-tough don't have places to live. candidates are calling for, also drive the numbers A

Associated Press November's open mayoral election Portland, in Oregon, the center of a metro area where a January 2023 count found nearly 4,000 people living outside. council member Rene Gonzalez pressured Multnomah County, home to Portland, to pause distributing tents tarps to homeless people. Gonzalez pushed for a tougher city ordinance last year but joined a unanimous city council decision in May to allow officials to fine or even jail homeless people who reject an offer of shelter. In San Francisco, Breed's office issued a memo in July saying homeless continue people who to turn down offers of shelter and services will face increasing penalties including arrest if they continue to camp in public. Breed also ordered that homeless people who are not from San Francisco be offered bus or train or fining people who approach that many tickets to return home before they are provided cannot pursue and which the Supreme shelter or services, adding criminalization as your Court validated with a in a statement that "we primary way of pursuing ruling in June that allows cannot solve everyone's and bans on sleeping outside. individual housing and dozen candidates behavioral health needs." said. are vying for the job in One of Breed's challengers,

Another challenger, Supervisor Ahsha Safaí, says the sweeps are cruel unless sufficient shelter is available. Challenger Daniel Lurie, an heir to the Levi Strauss fortune who has a nonprofit temporary funds tiny homes, promised to build 1,500 shelter beds in the first six months of his administration so people forcedoutofencampments have somewhere to go. "There's just been no plan for the last three years with this administration," Lurie said. Breed's administration added thousands of temporary and more permanent shelter beds, but there is still significant shortage. "Her opponents aren't offering locations where they will build shelters, how they will get it done, and how they plan to pay for their plans," said Joe Arellano, a Breed campaign spokesperson. Michael Johnson, who is homeless in San Francisco, the city where he grew up, was preparing to move recently in advance of an expected tent sweep to avoid what he said happened in a previous sweep when he was given 10 seconds by police and city street cleaners to move his tent and belongings. He didn't, and lost everything. Homeless people often reject offers of shelter if it means giving up their belongings or pets, being separated from significant others or sleeping places surrounded strangers, including some who may be violent. Johnson, 41, doesn't like living outdoors. But he says no one has offered him appropriate housing and, wherever he goes, moved he's always again by authorities. "This is a merry-go-round," he said. "It don't matter if I stay at the location I'm at or find a new one. Eventually, they'll be here."

numbers on said. In Los Angeles, the city with the biggest unsheltered



Israel widens evacuation orders in southern Gaza. Hamas wants plans for a deal instead of more talks

By WAFAA SHURAFA and **SAMY MAGDY Associated Press**

DEIR AL-BALAH, Gaza Strip (AP) — The Israeli military ordered more evacuations in southern Gaza early Sunday, a day after a deadly airstrike on a school-turnedshelter in the north killed at least 80 Palestinians, according to local health authorities. The airstrike was one of the deadliest attacks in the 10-month war. Hamas appeared to push back against resuming negotiations on Thursday in pursuit of a cease-fire. In a statement, it urged mediators United States, Egypt and Qatar to submit a plan to implement what was agreed on last month, based on U.S. President Joe Biden's proposal, "instead of going to more rounds of negotiations or new proposals that provide cover for the occupation's aggression."

Israel has repeatedly ordered mass evacuations as its troops return to heavily destroyed areas where they previously battled Pal-



Palestinians displaced by the Israeli air and ground offensive on the Gaza Strip flee from Hamad City, following an evacuation order by the Israeli army to leave parts of the southern area of Khan Younis, Sunday, Aug. 11, 2024.

Associated Press

estinian militants. The vast majority of Gaza's population of 2.3 million people have been displaced, often multiple times, in the besieged territory 25 miles (40 kilometers) long by about 7 miles (11 kilometers) wide.

ders apply to areas of

Khan Younis, Gaza's second-largest city, including part of an Israeli-declared humanitarian zone from which the military said rockets had been fired. Israel accuses Hamas and other militants of hiding among civilians and launchina at-The latest evacuation or- tacks from residential areas.

The humanitarian zone has steadily shrunk during the war with the various evacuation orders. Hundreds of thousands of people have crammed into squalid tent camps with few public services or sought shelter in schools, though the United Nations says hundreds of those have been directly

hit or damaged.

Khan Younis suffered widespread destruction during an air and ground offensive earlier this year. Tens of thousands fled again last week after an evacuation order.

The new order came in leaflets dropped from the sky. As smoke rose on the horizon, hundreds of families carrying belongings in their arms left homes and shelters, seeking elusive refuge. One child carried a stuffed Hello Kitty doll as others walked through rubble-filled streets.

"We don't know where to go," said Amal Abu Yahia, a mother of three, who had returned to Khan Younis in June to shelter in their severely damaged home. It was the fourth displacement for the 42-year-old widow, whose husband was killed when an Israeli airstrike hit their neighbors' house in March.

A wildfire near Greece's capital darkens the skies over Athens and advances fast

ATHENS, Greece (AP) — A wildfire burned northeast of Athens on Sunday, darkening the sky as the smell of smoke and soot pervaded the Greek capital.

More than 400 firefighters, 110 fire engines and a large number of volunteers were fighting the fire, which broke out around 3 p.m. local time around 35 kilometers (22 miles) from Athens. The 15 firefighting planes and nine helicopters were operating by late afternoon but stopped at sunset.

The flames were moving fast toward Lake Marathon, an important reservoir supplying Athens with water, said Fire Col. Vassileios Vathrakogiannis, a spokesman for the fire department. An unknown number of houses have been damaged.

Vathrakogiannis said



Smoke from wildfires is seen above the Hadrian's Arch in central Athens, Sunday, Aug. 11, 2024, after a blaze northeast of the capital forced evacuations in the area.

Associated Press

winds reached gale force strength in the area of the fire and flames exceeded 25 meters (80 feet) in

height. Residents of the villages near the area of the fire have been warned by emergency text messaging

to evacuate.

Late in the afternoon, messages were also sent to residents of some north-

ern Athens suburbs to do the same. Police said they evacuated more than 200 individuals, mostly elderly and others who did not heed the warnings.

Another fire that broke out west of Athens has been contained, the spokesman said.

Hot and dry weather, made worse by strong winds, increases the danger of wildfires. June and July were the hottest months ever recorded in Greece, which also recorded its warmest winter ever.

Both meteorologists and government officials have warned of the heightened danger of wildfires because of weather conditions from Sunday until Thursday. Half of the country will be under a "red alert," Climate Crisis and Civil Protection Minister Vassilis Kikilias said.



King Charles III applauds people who stood against racism during recent unrest in the U.K.

By DANICA KIRKA **Associated Press**

LONDON (AP) — Charles III applauded people who took to the streets of British towns and cities earlier this week to help blunt days of unrest fueled by far-right activists and misinformation about a stabbing attack that killed three girls.

Charles on Friday held telephone audiences with Prime Minister Keir Starmer and law enforcement officials during which he offered his "heartfelt thanks" to police and other emergency workers for their efforts to restore order and help those affected by the violence, Buckingham Palace said in a statement.

"The king shared how he had been areatly encouraged by the many examples of community spirit that had countered the aggression and criminality from a few with the compassion and resilience of the many," the palace said. "It remains his majes-



A woman holds the English flag ahead of a far-right anti-immigration protest in Newcastle, England, Saturday, Aug. 10, 2024.

Associated Press

ty's hope that shared values of mutual respect and understanding will continue to strengthen and unite the nation."

Thousands of anti-racism campaigners turned out in communities throughout Britain to counter any resur-

gence of violence on Saturday. Police remained on alert for further unrest after the nation was convulsed by rioting for more than a week as crowds spouting anti-immigrant and Islamophobic slogans attacked mosques, looted shops and

clashed with police.

The disturbances have been fueled by right-wing activists using social media to spread misinformation about the July 29 knife attack in which three girls between the ages of 6 and 9 were killed during a Taylor Swift-themed dance event in Southport, a seaside town north of Liverpool.

Police detained a 17-yearold suspect. Rumors, later debunked, quickly circulated on social media that the suspect was an asylumseeker, or a Muslim immigrant.

On Saturday, the family of one of the Southport victims, Bebe King, 6, thanked their community, friends and even strangers who had offered the family solace in their grief.

"The outpouring of love and support from our community and beyond has been a source of incredible comfort during this unimaginably difficult time," they wrote. "From the pink lights illuminating Sefton and Liverpool, to the pink bows, flowers, balloons, cards, and candles left in her memory, we have been overwhelmed by the kindness and compassion shown to our family.''

Serbia's populist president says lithium protests are part of a 'hybrid' warfare against his country

By DUSAN STOJANOVIC **Associated Press** BELGRADE, Serbia (AP) —

Serbia's president Sunday accused demonstrators who opposed a lithium mining project in the Balkan country of being part of a Western-backed "hybrid" warfare against his government and vowed to take strong legal action against those protesters who have blocked railway and road traffic in the capital a day earlier.

In one of the biggest protests in recent years, tens of thousands took to the streets in the capital, Belgrade, Saturday against lithium mining in Serbia, despite officials' warnings of their alleged plot to unseat populist President Aleksandar Vučić and his govern-

Some of the protesters later blocked tracks at two railway stations in the city, and



Serbian President Aleksandar Vucic speaks during a public address, a day after one of the biggest protests in years in Belgrade, Serbia, Sunday, Aug. 11, 2024.

Associated Press

briefly stopped traffic on a cratically, the blockage major highway. Riot police early Sunday pushed them with their riot shields.

Interior Minister Ivica Dacic said 14 people have been brought in for questioning. Police are working to identify all the perpetrators who will face charges, he said. Vucic told reporters Sunday that although the main protest was done demo-

of traffic on the highway amounted to "terror of the out of the railway stations minority over the majority." "It is part of the hybrid approach" designed to topple the government, Vucic told reporters. "We knew everything in detail. You think you have surprised someone... we have always been restrained, without violence we ensured order in the country, without a problem."

Vučić said last week he had been tipped off by Russian intelligence services that a "mass unrest and a coup" were being prepared in Serbia by unspecified Western powers that wish to oust him from power.

Government officials and state-controlled media have launched a major campaign against the Saturday rally, comparing it to the Maidan uprising in Ukraine's capital, Kyiv, that led to the toppling of the country's then pro-Russia President Viktor Yanukovych in 2013. Organizers of the Belgrade protest have repeatedly those charges.

Satuday's demonstration came after weeks of protests in dozens of cities throughout Serbia against a government plan to allow lithium mining in a lush farming valley in the west

of the country.

This plan was scrapped in 2022 after large demonstrations were held that included the blocking of key bridges and roads. But it was revived last month and received a boost in a tentative deal on "critical raw materials" signed by Vučić's government with the European Union.

The Balkan nation is formally seeking EU membership while maintaining very close ties with both Russia and China. The EU memorandum on the mining of lithium and other key materials needed for the green transition would bring Serbia closer to the bloc, and would reduce Europe's lithium battery and electric car unlikely to be considered by the environmentalists with Vučić's alleged history of rigging votes in his favor.

Aruba's underwater wonderland

ORANJESTAD - Exploring the underwater wonders is something you should definitely do during your stay in Aruba. The underwater world has everything to offer that makes a snorkel trip so exceptional; an impressive, colorful sea life with exotic fishes, turtles and beautiful coral reef. The historic shipwrecks, located on the Aruban seabed are also worth a visit. Aruba is known for its white beaches and blue oceans, which means there are many fascinating under water spots, where you can take your snorkeling gear and we selected the top spots for you.

Tres Trapi

Tres Trapi means tree steps in Papiamento, Papiamento is together with Dutch the official language spoken on Aruba. The beach is called Tres Trapi because it is accessible by the tree steps carved into the rocks. Tres Trapi is a small rocky beach, located on the north-western side of the island, approximately 5 to 10 minute drive from Palm Beach. From the unique steps you can easily walk over the beach into the clear and turquoise blue ocean. While snorkeling you will encounter all kind of tropical fishes and sea stars. The kind of starfish you will find in the Aruban waters is the red cushion sea star. This is a starfish that is commonly found in the shallow waters of the Caribbean sea and if you are lucky during your snorkeling visit to Tres Trapi, you may come across one of the green sea turtles. Respect the animal, keep your distance and enjoy the view. Also remember; it is a once in a life time experience.

Antilla shipwreck

Antilla is a 400-foot-long long ship, built in 1939 in Hamburg, Germany.



Antilla came to Aruba, because it had to find a neutral port. When Germany invaded the Netherlands on May 10, 1940, the crew decided to let their own ship sink, to prevent it from falling into the hands of the Dutch Navy. Antilla lies on its portside in Malmok bay, and the sunken word war two ship is now one of Aruba's most popular snorkeling and dive spots. However, the ship wreck can only be reached by boat. The ship is visible from the surface and during your snorkeling trip you be surrounded by hundreds of tropical fishes, but the ship wreck alone is already impressive enough.

Baby Beach

Baby beach; a white beach, with a crystal blue ocean. The beach is located on the southern part of the island. On the way to the famous beach, you will drive through the

old capital of Aruba, San Nicolas. The old Aruban culture can be still felt and experienced here, so do not hesitate to get out of your car and walk around for a while. Baby beach is a child friendly beach. since it is shallow and the water has a pleasant temperature. The name therefore fits well with the beach. Baby beach is an excellent beach for snorkeling, especially if you want to go with small children, because the water remains shallow and there are still many underwater wonders to see. In the ocean there is an area marked until where it is recommended to snorkel and on the beach you will find different facilities. It is a perfect beach to spend your day snorkeling and relaxing.

Mangel Halto

Mangel Halto beach is located in Savaneta, on the southern-west part of the island. The beach is different from the other beaches in Aruba; it is beach full of mangroves.



You reach the beach by a bridge through the mangroves and then you will have several entrances to the sea. There are diverse spots where you can enjoy a perfect beach day, wooden stairs made to enter the water and a dock to sit on and enjoy the view. Mangel Halto is also worth a visit for the snorkeling experience. Inside the bay, the water is clear and you find many colorful fish. Outside the bay is a bit more challenging for beginners because of the wind and the waves, but the coral is alive and it is just like snorkel heaven.







Why You Should Not Miss Aruba's Free City Center Street Car Tour

ORANJESTAD - Aruba's City Center Street Car - or as we call it in Dutch; "Tram van Oranjestad' - is a single track tram line in Oranjestad, the capital city of Aruba. It was inaugurated on 22 December 2012, being the first and so far the only passenger rail service on Aruba and the rest of the Dutch Ca-

single-deck one with 42 seats and a double-decker with 64 seats. The line was inspired by the popular battery-powered streetcar operation at the Grove in Los Angeles, USA. Aruba's streetcars are powered by hydrogen fuel cells, which are charged by the island's year-

ribbean. There are two trolleys, a round trade winds.

Caya Betico Croes, mostly referred to as our "main street" has been developed into a pollutionfree pedestrian mall. The doubledecker offers you a 360 degree view of the down town area with a picture perfect scenery of the island's clear blue skies. Who would not enjoy a ride on this beautiful and naturally air-conditioned vehicle? The tour consists of a total of 9 stops approximately 200 meters apart from each other; all stops are clearly marked. The tram will bring you close to different museums, historical plazas, monuments, the Protestant church, Aruba's highend mall, retail shops, and a variety of local and international cuisine restaurants. The "I love Aruba" trademark also belongs to that list. The third stop on the route is close to a 5-minute walk to the famous Renaissance Marina showcasing



luxurious yachts and Aruba's blue waters.

The "Tram van Oranjestad" starts from a balloon loop near the Port of Call and serves the downtown area and ends at Plaza Nicky. The first ride starts at 10:00 am sharp with intervals of 25minutes. The last trolley departs from the cruise port at 5:00pm. Don't miss this tour of the beautiful Aruba's City Centerit is free for all!



Aruba Tourism Authority honored loyal visitor at Hyatt Regency Aruba!

The Aruba Tourism Authority recently had the great pleasure of recognizing a Goodwill Ambassador of Aruba. The honoree was respectively honored with a certificate for his years of visits, loyalty, and love for the island of Aruba.

The honorary certification is presented on behalf of the Minister of Tourism as a token of appreciation and to say "Masha Danki" to guests who have visited Aruba 10, tively.

The three levels of honor are as fol-

Distinguished Visitor (10>years consecutively visiting Aruba) Goodwill Ambassador (20>years consecutively visiting Aruba) Emerald Ambassador (35>years consecutively visiting Aruba)

The honoree was:

Goodwill Ambassador Mr. Scott Murray from Chatham New Jersey, United States.

20, or 35 years or more consecu- Mr. Jorgino Willems representing the Aruba Tourism Authority, and staff members of Hyatt Regency Aruba bestowed the certificate upon the honoree, presented

him with gifts, and thanked him for choosing Aruba as his favorite vacation destination, as his home away from home.



The top reasons for returning to Aruba provided by the honoree was:

- Aruba's amazing sunsets.
- Aruba's beaches.
- Aruba's weather.
- Aruba's restaurants.
- "The staff at the Hyatt makes you feel like family''

On behalf of the Aruba Tourism Authority, we would like to express our sincere gratitude and appreciation to the honoree for his continued visits to the "One Happy Island".





Celebrating Convenience: Same-Day Refrigerated Delivery, 7 Days a Week, and Beloved by Guests – The GroceriesToGo Aruba **Experience**

For over seven years, GroceriesToGo Aruba has been dedicated to transforming the visitor experience on this beautiful island, ensuring that guests spend more time enjoying Aruba's pristine beaches and less time worrying about groceries.

A Legacy of Service and Convenience:

The roots of GroceriesToGo Aruba run deep in the island's history. The founder's grandfather, known affectionately as Chipi Chipi, was a beloved figure on the island. His store, La Moderna, remains a local staple, now managed by the founder's uncle. Inspired by a deep love for Aruba and its culture, the founder sought to offer a service that would further enhance the island experience for visitors.

A Service Born from Love for Aruba:

Frequent visits to Aruba,



and a desire to improve the guest experience laid the foundation for Groceries-ToGo Aruba. The concept is simple yet transformative: providing a grocery shopping and delivery service that caters to every need, anywhere on the island, every day of the week.

Every Guest:

GroceriesToGo Aruba prides itself on exceptional customer service and a commitment to guest satisfaction. The service allows guests to place pretrip orders that arrive upon check-in, or mid-trip orders cherished family traditions, to keep everyone satisfied throughout their stay. Whether it's beverages and snacks or a full family grocery order, Groceries-ToGo Aruba ensures that every request is met with precision and care.

What GroceriesToGo Aruba Offers:

Convenience: Groceries-ToGo Aruba provides the convenience of pre-ordering groceries before guests' trips for delivery upon arrival. Additionally, same-day delivery is available for guests already on the island.

GroceriesToGo Service: Seamless Convenience for Aruba is committed to exceptional customer service, guaranteeing satisfaction. Deliveries are made seven days a week, and any request is accommodated. Versatility: From snacks and beverages to full family grocery orders, Groceries-ToGo Aruba offers a versatile range of products. our guests have everything

Furthermore, the service caters to beach picnics, romantic dinners, and special events.

Quality Freshness: GroceriesToGo Aruba ensures the freshness of its products by sourcing from Aruba's top grocers and delivering everything in refrigerated vehicles.

Exciting New Features:

GroceriesToGo Aruba is now offering same-day delivery for orders placed by noon, ensuring that even last-minute needs are promptly met. All deliveries are made in refrigerated vehicles to guarantee the freshness and quality of your groceries.

A Personal Touch:

The founder's personal commitment to the guests is evident in every aspect of the service. "It's my absolute pleasure to ensure they need for an unforgettable stay in Aruba," says the founder. "We are always available to address guests' needs, and provide exceptional service at all times."

Contact Information:

Guests are encouraged to reach out for any questions or to receive discount coupon codes. GroceriesToGo Aruba can be contacted via email at info@groceriestogoaruba.com or through their website at www.GroceriesToGoAruba.com.

Experience Aruba the way it was meant to be enjoyed with your toes in the sand and every convenience at your fingertips, thanks to GroceriesToGo Aruba.



Aruba Tourism Authority honored loyal visitors at Aruba Beach Club!

The Aruba Tourism Authority recently had the great pleasure of recognizing Goodwill Ambassadors of Aruba. The honorees were respectively honored with a certificate for their years of visits, loyalty, and love for the island of Aruba.

The honorary certification is presented on behalf of the Minister of Tourism as a token of appreciation and to say "Masha Danki" to guests who have visited Aruba 10, 20, or 35 years or more consecutively.

are as follows:

Distinguished Visitor (10>years consecutively visiting Aruba)

Goodwill Ambassador (20>years consecutively vis- States. iting Aruba)

Emerald **Ambassador** (35>years consecutively visiting Aruba)

The honorees were:

Goodwill Ambassadors Mr. Joseph & Mrs. Jacqueline Zuk from Dayto-

The three levels of honor na Beach Florida, United States.

> Mr. Darryl Zuk from Jackson Heights New York, United States.

> Mr. Matthew Zuk from Atlanta Georgia, United

Mr. Jorgino Willems representing the Aruba Tourism culture. Authority, and staff members of Aruba Beach Club bestowed the certificate upon the honorees, presented them with gifts, and thanked them for choosing Aruba as their favorite va-

cation destination, as their home away from home.

The top reasons for returning to Aruba provided by the honorees were:

- Aruba's people.
- Aruba's beaches.
- Aruba's restaurants.
- Aruba's activities &
- "Family Friends"
- "Our annual family get together"
- "To celebrate life on the happy island and to create new memories" On behalf of the Aruba



Tourism Authority, we would like to express our sincere gratitude and appreciation to the honorees for their continued visits to the "One Happy Island".



A brief history of the California Light House

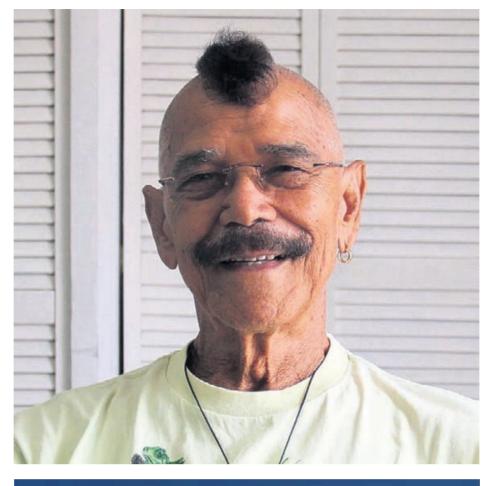
(Oranjestad)—At the furthest western point of the island, there lies the tallest structure on the island: The California Light House. Standing on top of a limestone cliff, this lighthouse oversees the entire island, offering one of few best views of the island and the surrounding sea. It is also one of the few monuments that hold a rich history.

The lighthouse was constructed in between 1914-1916, and its first keeper was a young trained lighthouse keeper from Curacao names Jacob Jacobs. Mr. Frederico Fingal was the last man to have occupied this position until 1962. Though his son, Mr. Romulo Fingal did not continue in his father's footsteps, he does have a special connection to the lighthouse. He sat down with our reporter and shared a bit of its history.

As Mr. Fingal explains, "In 1915, cargo donkeys were hired from Figaroa di Noord to help build the Lighthouse at Westpunt. The donkeys had to walk along the beach all the way to Westpunt carrying the cargo, poles, cement, and all these things. At that time, it was a difficult task until Aruba got its first truck. These things reflect how people could have accomplished this tremendous job with so little." Mr. Fingal said, "At that time, it wasn't a place for people to work. It was very challenging because it was full of goats and donkeys, and it was very isolated. There were no hotels or roads to get there. There was only a donkey trail. Those were the only means of transportation."

Mr. Fingal continues, "In 1939, I was born in the lighthouse, and my father was the last lighthouse keeper until he retired in 1962. After that, they removed the power cables all the way to the top. According to the story, we couldn't have the light ourselves because they dismantled it, and after many years, I heard that it is in a train museum in San Nicolas, where we found this very special lens that, when the light shines through it, it reaches 30 kilometers out to sea." Mr. Fingal told our reporter.

The lighthouse has a long and very interesting history. The reason why the lighthouse was built, according to Mr. Fingal, dates back to the day when the cargo ship S.S. California sank because of the lack of light. In 1913, Aruba made a request to Curacao to build a Lighthouse at Westpunt, and the governor of Curacao responded to Aruba to





come back in 1915 with a well-detailed plan. "During the First World War from 1914 to 1918, they had to wait for the light to be transported to Aruba because it was manufactured in France. At that time, there was no electricity, and the light was very interesting because it rotated with a kerosene lamp that planes used; clean kerosene," Mr. Fingal said.

Mr. Fingal discovered something very interesting about the lighthouse after much research was documented in his book 'History of the Lighthouse at Westpunt.' He found many details: "I found out that the height of the lighthouse was due to the absence of electricity. There was also the presence of coral. There is a long steel cable from where the light is, and under the light, at the highest point, there is a hanging weight, a sort of pendulum that swings like that, with a weight that measures about 1 meter by 30 centimeters wide, which is a block of solid iron attached to a cable. When you release it upwards, it comes down, and the weight that comes down pulls it up, gradually. And while it comes down, the same weight that is descending causes many small wheels to turn in the opposite direction. The Lighthouse rotates from 6 pm in the evening, when the sun sets, until 6 am in the morning. During the entire night, the light shines on the lantern, it goes down 24 meters, and the Lighthouse is 30 meters high. It is designed not to collapse," Mr. Fingal explains.

Mr. Fingal further explains that in one night, the lighthouse rotates 4,320 times and consumes one gallon of kerosene for the whole operation. "At that time, the kerosene was supplied from the Lago refinery. Every day it was brought down, and to start the light again, they had to lift the weight up, so our job as children was to crank it and raise the weight back up in the evening when the light stuck, they would take it down again, and the light stayed down. That's how it worked for a very long time," Mr. Fingal explains.

Thanks to the Monument Fund Aruba, which worked hard and is currently in charge of the Lighthouse, Mr. Fingal is very happy with its preservation, along with all the renovations that have taken place. He hopes that the story of the lighthouse will continue to live on for future generations.



Fruit Loose & Veggie Boost: Aruban fruits and vegetables

Fresh fruits make a tropical holiday's picture complete. Whether you see the mangoes hanging in the trees or the fresh fruit cocktail on the side table of your pool bed, the link is there: you are in the tropics. Aruba grows her own fruits and veggies and there are some pretty out-of-space local species you may never had heard of, but really healthy and delicious.

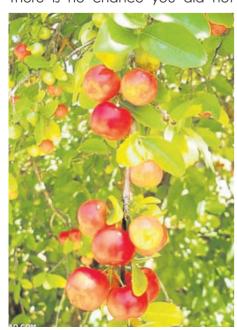
Mispel

This is a fruit with a character (5-10 cm/2-4 inches). It does not ripe until it is picked or falls off the tree. Mispel is hard with a sandpaper like texture when immature, soft and juicy when ripe. It's technically a berry, but contains a skin similar to that of a kiwi. It's grainy and sweet, with a light, musky flavor. The sap or gum from the tree is also a source of 'chicle' the original ingredient used to make chewing gum. Rich in tannins, antioxidants shown to contain anti-inflammatory compounds, and vitamin C, essential for healthy immune function. Season: year-round.

Kenepa

Ovoid green fruit that grows in bunches on trees up to 30m high. The fruit is related to the lychee and have tight, thin but rigid skins. Inside the skin is the tart, tangy, or sweet pulp of the fruit covering a large seed. The pulp is usually cream or orange colored. Kenepa strengthens the immune system, and prevents the reproduction of bacteria and viruses in the body. This fruit is highly recommended to treat lung infections and urinary tract infections. It also helps to cure insomnia and rejuvenates the nervous system. Season: the fruit typically ripen during the summer.

Druif
There is no chance you did not



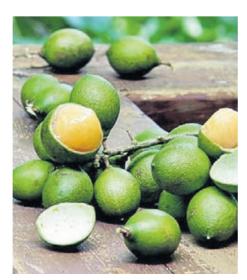
bump into one of the sea grape trees while spending your vacation on Aruba. The sea grape plant is often used in ocean-side landscaping in sandy soil right on the beach and it produces clusters of fruit that resemble grapes. Are sea grapes edible? Yes, they are. Animals enjoy sea grapes and humans can eat them as well, and they are used to make jam. They contain very low calories and sugar, enabling good bacterium to digest food and excrete waste quickly which is effective in preventing constipation. Season: Sep-Oct.

Shimarucu

Maybe Aruba's most popular wild fruit tree. You may have noticed cars at the side of the road and people picking those red berries. Well, that's Shimarucu. The local habit to stop for these delicious fruits goes from generation to generation. Its fruit's degree of sour depends on the amount of rain it gets. Red Shimarucus tend to taste better than orange. The fruit has super power: a true vitamin bomb. Adults only need to eat 3-4 of these berries to meet their daily recommended amount of Vitamin C. Season: Rainy months (Oct-Jan).

Tamarind

A delicious, sweet fruit that has a wide variety of uses and applications, both for medicinal and culinary purposes. It is a medium-sized bushy tree with evergreen leaves and fruit that develops in pods characterized by long, brown shells. Inside is a sticky, fleshy, juicy pulp, which is the Tamarind fruit. Both sweet and sour in taste, the fruit contains a significant level of vitamin C, as well as vitamin E, B vitamins, calcium, iron, phosphorous, potassium, manganese, and dietary fiber. There are also a number of organic compounds that make tamarind a powerful antioxidant and anti-inflammatory agent. Season: March.





When it comes to veggies the island certainly offers a home-grown selection. They taste delicious and have their specific talents to boost your immune system. Start the day with a 'batida' (smoothie) enriched with a local veggie touch or select your restaurant that offers local vegetable dishes to get the real pure taste of it.

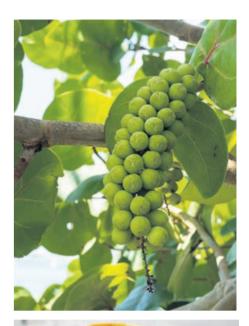
Comcomber chiquito

This is a sort of local squash, but looks like a cucumber with prickly skin. The taste however is bitterer than the cucumber and the vegetable is smaller in size but bigger in width. Inside is a soft, fleshy pulp and seeds, just like the cucumber. Comcomber chiquito is grown in the island and used in salads and 'stoba' (stew) or on its own in vinegar. The veggie contains multiple B vitamins, including vitamin B1, vitamin B5, and vitamin B7 (biotin). B vitamins are known to help ease feelings of anxiety and buffer some of the damaging effects of stress. Additionally this veggie is rich in two of the most basic elements needed for healthy digestion: water and fiber. Season: year-round.

Yambo

Family of Okra, also known as 'lady's fingers': a green flowering plant. Okra belongs to the same plant family as hibiscus and cotton. A classic favorite dish in Aruba is Sopi di yambo. It has long been favored as a food for the health-conscious. It contains potassium, vitamin B, vitamin C, folic acid, and







calcium. It's low in calories and has a high dietary fiber content. Recently, a new benefit of including okra in your diet is being considered. Okra has been suggested to help manage blood sugar in cases of type 1, type 2, and gestational diabetes. Season: year-round.

Bonch'i Cunucu

A long, small bean, boiled for a side dish or snack. Long beans have a chewy, crunchy texturemore so than snap beans-and a flavor reminiscent of the dry navy bean or asparagus. Besides stir-fry, soups and salads, the long bean is a good choice for stewing, braising (to remain chewy and firm), sautéing, shallow frying, and deep frying. With cooking, the long bean's bean flavor intensifies. Long beans are low in calories, about 45 calories per cup, and rich in vitamin A and also contain vitamin C and potassium. Season: year-round. Pampuna

In the endless summer of Caribbean living we only have to concern ourselves with a wet season and a dry season. Still we do indulge heavily in the pleasures of pumpkin and enjoy Caribbean pumpkin recipes year round. A popular dish in Aruban restaurants is Sopa Di Pompuna, don't miss it. This dish is made of pumpkin soup, and parsley. Pumpkins are rich in flavonoid polyphenolic antioxidants such as xanthin, lutein and carotenes and also contain vitamins. Pumpkin seeds are a good source of omega-3 fatty acids, vitamins, minerals and proteins. Pumpkins are used to make desserts, breads and soups.



CROSSWORD **RV THOMAS JOSEPH**

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24 "20/20"

creator

Roone

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

5-20 **CRYPTOQUOTE**

KZHPVXZ FYEZ DYVTYGD Y VY M N J YPAZ, KVG KZHPVXZ YM NJY W PU PU NWGJ DYV. — UPAD

HPAYFDT SPEWZX

Saturday's Cryptoquote: I THOUGHT THAT SPRING MUST LAST FOREVERMORE; FOR I WAS YOUNG AND LOVED, AND IT WAS MAY. — VERA BRITTAIN

Cruise ship Schedule: August 6 - 27 2024

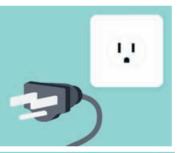
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CARNIVAL HORIZON	09.00	22.00	С	1
CARNIVAL MARDI GRAS	13.00	23.00	1	1
WED 07 RHAPSODY OF THE SEAS	09.00	21.00	С	1
TUE 13 CELEBRITY BEYOND	08.00	21.00	В	1
CARNIVAL CELEBRATION	08.00	22.00	С	1
CARNIVAL VISTA	13.00	23.00	1	1
THU 14 ENCHANTED PRINCESS	08.00	18.00	С	1
WED 20 CARNIVAL HORIZON	09.00	22.00	С	1
WED 27 CELEBRITY BEYOND	08.00	21.00	С	1

Helpful tips for your stay on Aruba

(Oranjestad)—When trav- lets used on the island: type eling to another country, A with two flat prongs; type especially for the first time, B with two flat and one it is always better to be grounding prong, and on over-prepared than underprepared. That is why we have a list of basicbut important information that we think may come in handy to Aruba's visitors.

lishments.

Electrical power





Aruba generally operates on 110V to 127V supply voltage and 60Hz. There are also three types of out-

occasion, type F with two round prong and two earth clips on the side. However, Type A is most commonly found in homes and estab-

Drinking water



The water that flows through the sinks of every house, hotels and other establishments is distilled and perfectly safe to drink. Aruba's drinking water exceeds WHO's international standards for water quality, so there is no need to buy bottled water from the store.

Supermarket hours



Supermarket hours may vary depending on where you are staying on the island. Generally though, most supermarkets are open from 8am to 9 or 10pm, Monday through Saturday. On Sundays, supermarkets generally close earlier; mostly around 2pm.

Safety

Since February 2024, Aruba has been categorized as the safest country in the Caribbean by The Telegraph, and many tourist that visit have often told us how they feel safe to explore the island or walk around at night. However, rare incidents do occurs, so keep yourself and your belongings safe.



Top U.S. health official acknowledges more federal money for utility help is needed for extreme heat



JP Lantin, right, owner of Total Refrigeration, and service tech Michael Villa, left, work on replacing a fan motor on an air conditioning unitas temperatures are expected to hit 117-degrees Wednesday, July 19, 2023, in Phoenix.

Associated Press

By ANITA SNOW **Associated Press**

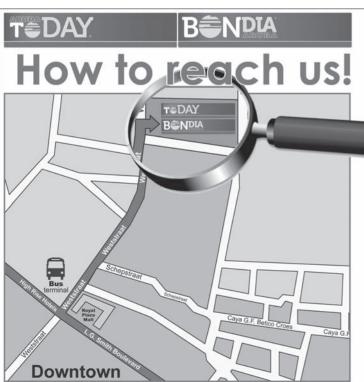
PHOENIX (AP) — Visiting Phoenix amid triple-digit temperatures, the U.S. government's top health official acknowledged on Wednesday that a federal program that helps low-income people pay their utility bills needs to focus more on cooling homes in the summer instead of overwhelmingly on wintertime heating.

"What we're beginning to see is the prominence of extreme heat and no longer just the issue of extreme cold and the weather effects that come from snowstorms and heavy rains, flooding, hurricanes," Health and Human Services Secretary Xavier Becerra said. "Today it is things that happen as a result of the heat — heat exposure, the need to deal with growing numbers of wildfires."

Becerra said it is up to Congress to allocate more money for such measures but that his agency is committed to working with lawmakers and states to alleviate the effects of extreme

"People are dying on our streets because of extreme heat. These are incidents that were not occurring a generation or so ago." Becerra said, adding, "The climate change that we are experiencina cannot be denied. It has created, has led to a public health crisis."

Arizona's Maricopa County, which encompasses Phoenix, saw a record 645 heat-related deaths last year. County public health officials say 66 heat-related deaths have been confirmed this year as of Aug. 3, with another 447 deaths under investigation. problems paying.



for \$6 billion for the assistance programs in the upcoming 2025 fiscal year, plus another \$1 billion in contingency funds, but so far the House has agreed to \$4 billion and the Senate to \$4.1 billion. Final budget approval isn't expected until later this year.

"I'm sure the administration would give more if it could, but then you have to get it through Congress," he



Marriott Aruba Surf Club PLATINUM SEASON

- 2 Bed Oceanfront \$34,000 2 Bed Oceanside \$23,000
- 2 Bed Ocean view \$21,500
- 2 Bed Garden view \$16,500
- 3 Bed Ocean view \$32,000 WK 51 Ocean view \$65,000
- WK 52 Ocean View \$65,000 WK 7 and 14 - all views

GOLD SEASON

- 2 Bed Oceanfront \$18,000 2 Bed Oceanside \$14.000
- 2 Bed Ocean view \$12,500
- 2 Bed Garden view \$10,000 3 Bed Ocean view \$28,000

Marriott Aruba Ocean Club PLATINUM SEASON

- 2 Bed Oceanfront \$45,000 2 Bed Ocean view \$29,000
- 1 Bed Ocean front \$21,000 1 Bed Ocean View \$17,000
- **GOLD SEASON**

2 Bed Oceanfront \$20,500 2 Bed Ocean view \$15,000

- 1 Bed Oceanfront \$13,000
- 1 Bed Ocean View \$11,500

** Destination Points \$5.00 per

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Casa del Mar

BEACH RESORT

Casa del Mar Sales Inventory Week 32

WEEK 31

Ambassador Unit (one bedroom)

Price range:\$4,000.00 -\$4,500.00

WEEK 32

Ambassador unit (one bedroom) Price range:\$2,400.00 - \$2,500.00

Presidential suites (two bedrooms) Price range: \$8,760.00

WEEK 33

Ambassador unit (one bedroom)

Price range:\$2,400.00

Presidential suites (two bedrooms)

Price range:\$8,100.00-\$18,000.00

FOR MORE INFO CALL: +297-582-700 Ext. 614

OR EMAIL: sales@casadelmararuba.com



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HEALTH

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Hospital 7:00 pm / 10:00pm Tel. 527 4000

San Nicolas

Imsan 24 hours Tel.524 8833

PHARMACY ON DUTY

Oranjestad:

Eagle: Tel.587 9011

San Nicolas:

San Nicolas:Tel. 584 5712

OTHER

Dental Clinic 587 9850 Blood Bank Aruba 587 0002 Urgent Care 586 0448 Walk-In Doctor's Clinic +297 588 0539

EMERGENCY

Police	100
Oranjestad	527 3140
Noord	527 3200
Sta. Cruz	527 2900
San Nicolas	584 5000
Police Tipline	11141
Ambulancia	911
Fire Dept.	115
Red Cross	582 2219

TAXI SERVICES

Taxi Tas 587 5900 Prof. Taxi 588 0035 Taxi D.T.S. 587 2300 Taxi Serv. Aruba 583 3232 A1 Taxi Serv. 280 2828

TRAVEL INFO

Aruba Airport 524 2424 American Airlines 582 2700 Avianca 588 0059 Jet Blue 588 2244 Surinam 582 7896

AID FOUNDATIONS

Aruba Food Bank Tel. 588 0002 FAVI- Visually Impaired Tel. 582 5051 Alcoholics Anonymous Tel. 736 2952 Narcotics Anonymous

Tel. 583 8989 Fundacion Contra Violencia

Relacional Tel. 583 5400 Centre for Diabetes Tel. 524 8888

Child Abuse Prevention Tel. 582 4433

Quota Club Tel. 525 2672

General Info

Phone Directory Tel. 118





McDowell suspended 1 event by LIV for taking decongestant on banned drug list

By DOUG FERGUSON **AP Golf Writer**

Graeme McDowell has become the first LIV Golf player to be suspended under its anti-doping policy for using an over-the-counter decongestant that contained a banned substance.

The Saudi-funded league said McDowell, a former Open champion, U.S. would be suspended for one tournament and fined \$125,000. He will be replaced in the field at the LIV Golf Greenbrier next week by an alternate.

McDowell posted on social media Sunday that he was struggling with severe congestion that affected his sleep prior before the LIV Golf Nashville event in Tennessee in June.



Graeme McDowell of Smash GC and Captain Brooks Koepka of Smash GC walk to the 14th hole during the first round of LIV Golf United Kingdom by JCB at JCB Golf & Country Club on Friday, July 26, 2024, in Rocester, England.

Associated Press

"In an effort to manage it, ell said. "As a professional golfer, I understand the im-I used a generic Vicks naportance of checking all sal decongestant without realizing it might be on medications and the opthe banned list," McDowtion to apply for a Thera-

peutic use Exemption (TUE). Unfortunately, I did not take the time to do this due to the over-the-counter nature of this medicine, and deeply regret the oversight. I fully accept the sanctions imposed by LIV."

LIV said the substance was levo-methamphetamine.

In addition to the onetournament suspension and fine, McDowell has to forfeit his prize money from LIV Golf Nashville. He tied for 42nd against a 54-man field and earned \$127,500. McDowell, 45, is best known for his victory at Pebble Beach in the 2010 U.S. Open, and for making the pivotal putt that secured Europe's win in the Ryder Cup at Celtic Manor in Wales later that year.

He has only two top 10s on LIV Golf this year and was 23rd in the player standings. He was 42nd in the final standings a year ago. McDowell has vet to win on LIV. His last victory was the Saudi International in 2020. "LIV's Anti-Doping policy is designed to be thorough and transparent," he wrote. "Unlike some other tours, LIV enforces these rules rigorously, which made this situation particularly challenging for me. However, I respect the need for these rules and penalties — they are essential for maintaining the integrity of the sport."

He will be eligible to play in the Chicago suburbs next month.

A'ja Wilson, U.S. women hold off France to win eighth straight Olympic basketball gold medal

By DOUG FEINBERG **AP Basketball Writer**

PARIS (AP) — The U.S. women's basketball team had never been challenged during its 32-year run in the Olympics like the Americans were Sunday by France.

They met the moment and made history, winning an eighth consecutive Olympic gold medal.

It was the closest — and maybe sweetest win — of any during the streak.

"Maybe they won't say it's just easy and we walk in and just win gold," said U.S. center Brittney Griner. who broke down in tears when she was presented her third gold medal. "Maybe they'll stop saying that, because, like I said, we see everybody's best shot. And we saw the shot that France gave us."

A'ja Wilson scored 21 points and the U.S. survived a last-second shot by former UConn standout Gabby Williams that was just inside the 3-point line to hold off France for a 67-66 win and an eighth consecutive gold.

"Eight straight golds is insane honestly," said Brean-



The United States team poses for a picture with their gold medals at Bercy Arena at the 2024 Summer Olympics, Sunday, Aug. 11, 2024, in Paris, France. **Associated Press**

na Stewart. "Each one is so resilience that my team different, and so, so special and so, so hard."

No team had been able to we pulled through. To say I push the Americans during am a two-time gold medaltheir impressive streak of 61 ist, I am so blessed." consecutive wins. Only two of those victories had been by single digits before the game against France.

"It's amazing. It truly is a dynasty that we have built here at USAB has been incredible," Wilson said. "And I am so proud of the

showed. We could have fumbled it many times, but

The eight straight golds broke a tie with the American men's program that won seven in a row from 1936-68. The women's victory came less than 24 hours after the U.S. men's team also beat France in the basketball title game.

This was the first time in Olympic history that both gold medal basketball games featured teams from the same two countries.

Unlike the men's game, this one came down to the final second and one last

The Americans were up 67-64 with 3.9 seconds left after Kahleah Copper hit two free throws. Marine Johannes brought the ball up the court and passed it to Williams, who caught the ball just inside the 3-point line and banked in a shot over the outstretched arms of Breanna Stewart at the buzzer.

There was a brief delay before the officials signaled that it was indeed a twopoint shot, which sparked a celebration and a lot of happy hugs for the Americans and left the French players standing in disbelief after falling just short.

"I knew it was a two-pointer straight away. It was very difficult for me to stop in time," Williams said. "I don't think we should hold our head down. There's a little bit of disappointment. But once that pill has been swallowed, we can celebrate the silver medal. What we've done is inspirational."

The American players went to celebrate with basketball celebrities sitting courtside, a group that included men's basketball players LeBron James, Bam Adebayo and Derrick White, along with U.S. women's greats Lisa Leslie, Sue Bird and Dawn Staley.



Stanton, Soto, Judge homer as Yankees hang on for 8-7 win over Rangers

By LARRY FLEISHER **Associated Press**

NEW YORK (AP) — Giancarlo Stanton hit a three-run homer after Aaron Judge was intentionally walked in the fifth inning, Juan Soto went deep twice, Judge hit his MLB-best 42nd homer and the New York Yankees hung on for an 8-7 victory over the Texas Rangers on Sunday.

Judge reached base four times, marking the 41st time he reached base at least three times this season. He singled twice and and homered for the first time since Aug. 3 — when Toronto walked him with two outs and nobody on base in the second inning following his 41st homer.

Playing in his ninth game since missing 28 with a hamstring injury, Stanton tied a season high with four RBIs and homered in consecutive games for the first time since June 11-12 in Kansas City to reach 20 homers for the 13th time in his first 15 seasons. Soto hit a solo homer off Texas starter Andrew Heaney (4-12) in the third and connected again in the seventh off Andrew Chafin. Soto reached 30 homers for the third time in his career as the Yankees won for the 10th time in 14 games and improved to 13-17 in games started by left-handers this season. It was Soto's fifth multihomer game this season and 22nd of his career.

Marcus Stroman (8-6) started on eight days rest and allowed one run and four hits in five-plus innings for his first win since June 22 — the same game Stanton got hurt. Stroman entered the game 0-3 with a 7.56 ERA in his previous six starts. Stroman took a shutout into the sixth until Corey Seager doubled and was lifted for Jake Cousins, who struck out three. Tommy Kahnle retired Josh Jung with two on after a tworun fielding error by third baseman Jazz Chisholm Jr. in the seventh before Soto and Judge connected.

The Yankees needed Soto's and Judge's blasts in



New York Yankees' Juan Soto gestures to his dugout after hitting a home run in the seventh inning, his second of the game, during a baseball game against the Texas Rangers, Sunday, Aug. 11, 2024, in New York.

the seventh because Mark son Kelly in the eighth.

Associated Press Leiter Jr. allowed a solo Clay Holmes allowed an homer to Nathaniel Lowe RBI single to Adolis García his 25th save in 35 chances. Heaney allowed four runs (three earned) and five hits in 4 2/3 innings.

TRAINER'S ROOM

Rangers: RHP Max Scherzer (right shoulder fatigue) flew back to Texas because he is not making progress. ... RHP Jacob deGrom (right elbow surgery rehab) will face hitters for the first time since his surgery Monday in Boston. He will face hitters at least twice before the team decides if deGrom is ready for a minor league rehab assignment. ... RHP Nathan Eovaldi (right side tightness) could skip his next start after exiting after three innings in the opener of Saturday's doubleheader as a precaution. ... RHP

Josh Sborz (right shoulder fatigue) was placed on the IL for the third time this season and will get examined in Dallas by Dr. Greg Pearl, a thoracic outlet specialist. Yankees: C Jose Trevino (quadriceps) began rehab assignment Double-A Somerset and will play at least two more games there. **UP NEXT**

Rangers: RHP Tyler Mahle (0-1, 1.80 ERA) makes his second start since returning from April 2023 Tommy John surgery last week and opposes RHP Brayan Bello (10-5, 5.16) in the opener of a three-game series Monday at Boston. 🔲







Start this year's vacation with this amazing experience in the heart of Costa Linda Beach Resort

Water's Edge Restaurant is a jewel many had the pleasure to find!

Eagle Beach – When you think of a restaurant that pleases the needs of a whole family or a large group of people with all different tastes? Think Water's Edge Restaurant. Located at the shore of Aruba's most wonderful beach, The Eagle Beach Aruba. Water's Edge Restaurant is guaranteed to serve you a fantastic magical night to remember. Whether you prefer to enjoy the view from indoors air conditioned comfort, outdoors in the soft tropical breeze or under a palapa with your toes in the sand. This spectacular restaurant offers the best ocean view sunset or sky full of stars dinner while the crispy Caribbean night wind caresses your face and plays with your hair.

From the minute you arrive there will be a great staff welcoming you with the most contagious smiles and warmth. The intense menu with a great variety of appetizers, main courses and delicious desserts will not disappoint. Seafood, Steaks and international favorites. All on one menu specially made just for you.

Culinary Voyage

Start your gastronomic journey with a scrumptious appetizer such as the Maryland Crab Cakes, maybe the Crispy



Calamari or the mouthwatering creamy Garlic Tarragon Shrimp. You can also opt for a classic French Onion Soup, a Lobster Bisque or the famously Water's Edge House Wedge, a crisp wedge of fresh romaine lettuce topped with homemade blue cheese dressing, diced tomatoes, chopped bacon, caramelized pecans and blue cheese crumbles, drizzled with balsamic reduction. This followed by the Chef's special of seafood such as Fresh salmon filet seasoned and grilled, topped with lemon cilantro butter and served with homemade mashed potatoes and fresh asparagus, a nice plate of Ahi Tuna or a succulent pasta dish like the Florentina Fettuccine Alfredo. Meat Lovers will have their fix with choices of a devourable 22oz. Bone-In "Tomahawk" Rib-Eye, pan seared in garlic infused oil and finished in the oven or our juicy N.Y Strip Loin, seasoned & grilled. All our steaks options are seasoned with a blend of kosher salt and freshly cracked black pepper. Served with homemade mashed potatoes, seasoned vegetables and a choice of red wine reduction, green peppercorn demi glace, mushroom sauce, or bacon blue cheese butter. For extra sides the options are delectable. Fresh asparagus, seasonal vegetables, mashed or baked potatoes, fries or rice and beans. Combine your personal choice with one of the most exclusive wine from the great selection of international wines to compliment your dish. Kids will enjoy every item of the specially compiled kids menu and there are also optional dishes for all vegans, vegetarians and gluten-free guests. To end the culinary voyage with some luscious sweetness, the desserts are wild. From a piece of coconut flan, NY cheese cake, carrot cake, chocolate brownie or our classic Tiramisu with kahlua and amaretto served with choco-



late sauce and coffee jelly. Not to mention the fresh and light piece of key lime pie.

Creating memories

If you are planning a birthday dinner, here you will receive a nice bottle of champagne to take home with you to extend your experience even further whether on the beach or your own private balcony.

Live entertainment

Just about every day of the week, there is a different live entertainment by the best local artists for you to enjoy. Whether you're in a romantic mood, or more in a swinging mood, there is absolutely a night especially for you where you can combine great music with delicious cocktails mixed with concoctions. In addition, Water's Edge offers three daily Happy Hours from 12pm-1pm, 4pm-6pm and again from 9pm-10pm with all premium brands specially priced.

Breakfast, Lunch & Dinner

Whether you join us for breakfast, lunch or dinner, Water's Edge Restaurant & Bar offers a relaxed and inspirational dining experience overlooking the beautiful Eagle Beach with spectacular ocean views. Gather with friends and family for drinks and appetizers or a night of pampering and relaxation.

Thank you to all our guests

From the bottom of our hearts, we would like to Thank all of our guests who showed us so much love and support all throughout the year, and hopefully will continue to do so in the years to come. What we are most grateful for is that we could get back to doing what we love, which is looking after our guests. So, thank you for every dinner, lunch, breakfast, every to-go order, every glass of wine, every birthday, anniversary and date-night that you spent with us this last year. To our new guests, Welcome! We hope you to see you back soon!



"Water's Edge Restaurant is where magnificent beach views, amazing food and excellent service come together."

Water's Edge is open daily from 8am – 11pm

To reserve your table please call +297 583-8000 / ext 8106 or direct line +297 586-9494

For more information about the menus, entertainment and hours, please visit the website watersedge-aruba.com